

***“If you want the best the world has to offer, offer the world your best”\****

Every aspect of your life is created by the choices you have made. If your decisions have been made with ego the result is likely to have been challenges and limited success. If however you make decisions based on an understanding of your inner motivations then the results are more likely to lead to true success. Mindset is key to achieving success, happiness and fulfilment throughout the workplace.

At Baobab Growth we enable you to achieve the success you desire by focusing on thinking and doing things differently. Think differently starts with looking inwards. By developing self-awareness we are able to effectively manage our mind and emotions. Once we understand ourselves we can then start understanding our team.

Research from neuroscience and positive psychology tells us that success and outstanding performance is within everyone’s grasp, we just have to learn how.

Inspiration flows from the right brain; this is the creative side where new ideas and concepts are formed. Logical and rational thoughts come from the left brain. At Baobab Growth we coach you to release your creative potential, detach from routine, let go of inner beliefs, think out of the box and open up to your imagination.

We work with you to change your mind set – think differently through a greater understanding of yourself. At Baobab Growth we encourage you to get away from the workplace. We offer practical action orientated programmes that include indoor and outdoor activities that challenge your way of doing things. These hands on experiences offer the opportunity to think and do things differently. Working together in a different environment, trying something new, learning from the experience enables you to see, feel and experience how thinking differently can improve the work environment and provide sustainable solutions that lead to bottom line results for the business.

***“Twenty years from now you will be more disappointed by the things that you didn’t do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.” –***

***Mark Twain***

\* Neale Donald Walsch